

# Wellington

Dear Middle School Parents,

I hope your summer is off to a great start. Back at school, we are busy preparing for the fall sports season and would like to provide you an opportunity to express interest in season ahead. This will allow our coaches to send important details about summer workouts and pre-season training.

## **Fall Sports**

In the fall season we offer the following opportunities for middle school students:

- 5<sup>th</sup>/6<sup>th</sup> Coed Soccer
- 7<sup>th</sup>/8<sup>th</sup> Coed Soccer (gender specific teams will be made if participation numbers allow)
- 6<sup>th</sup>/7<sup>th</sup>/8<sup>th</sup> Coed Golf
- 6<sup>th</sup>/7<sup>th</sup>/8<sup>th</sup> Coed Cross Country (boys and girls compete separately)
- 6<sup>th</sup>/7<sup>th</sup>/8<sup>th</sup> Girls Tennis (6<sup>th</sup> grade participation will be allowed if there is roster availability)

Most teams will officially begin in early August. The 5<sup>th</sup>/6<sup>th</sup> Coed Soccer team will begin in early September. To express interest in participating in a fall sport, you may sign up [here](#). We ask that you please register for one sport only.

## **Sports Performance**

Middle School Sports Performance for grades 5<sup>th</sup> through 8<sup>th</sup> will be offered on Mondays and Wednesdays at noon in July. Please sign up [here](#) to reserve a spot for upcoming sessions. Please email Sports Performance Coach, Pete Collopy ([collopy2@wellington.org](mailto:collopy2@wellington.org)), with any questions you may have. You can also catch our athletes in action this summer at @jagsportperformance on Instagram.

Thank you,

**Lindsey Smith**

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