

## College Counseling at Wellington

### Sophomore Year

#### Academics

- Continue to earn your best possible grades.
- Select a purposeful junior year schedule. Now that you have more access to elective courses, choose classes that both interest and challenge you.
- Students interested in college-level sports should pay specific attention to NCAA core course requirements and meet with their coach, Wellington athletics and college counseling to discuss academic eligibility standards.

#### Standardized Testing

- Take the PSAT/NMSQT in October. Respond to mailings from colleges of interest.

#### Extracurriculars

- Build upon your resume and pursue leadership positions.
- Plan another meaningful summer.

#### College Counseling Programming

- Students meet with the college counseling team each trimester in small group settings. Topics may include self-reflection exercises, types of post-secondary institutions, resume development, introduction to SCOIR and YouScience, exploring college majors and careers, connecting with colleges, course selection.

#### All Upper School Students

- Students from all grade levels can schedule individual appointments with college counselors throughout the year.
- College representatives from throughout the country and abroad visit Wellington during the fall, generally between September and November. Students are encouraged to meet with schools of interest and to explore a variety of institutions through these informational meetings.
- The LEAP Day Workshop Series takes place during the 2<sup>nd</sup> trimester. Topics include college research tools, important terms/definitions, specialized applications (i.e. college athletics and fine/performing arts), international colleges/universities, and affording college.
- Virtual and in-person college fairs, information sessions, and open houses sponsored by colleges and universities offer students the chance to learn more about specific institutions.
- Students are encouraged to visit as many of their campuses of interest as possible.

## **Upper School Families**

College Counseling Open House: Families of all grade levels are invited to meet the college counseling team during Upper School Parents' Night.

Financial Aid for College Program: Each fall, college counseling invites a financial aid officer to present to families on the topic of affording college. Topics include the Free Application for Federal Student Aid, the CSS Profile, merit scholarships, grants, and loans.

Parent Teacher Conferences: The college counseling team will be available to meet with student and families from all grade levels during fall and spring conferences.

### Individual appointments

Families are welcome partners throughout the college search and application process. We encourage you to reach out at any time with any questions you might have.