

Prekindergarten Schedule Example

	A DAY	B DAY	C DAY	D DAY	E DAY	F DAY
8:00-8:25	Arrival					
	Exploration					
8:25-8:45	Morning Meeting					
8:45-9:20	Snack/Brain Break					
9:20-9:45	French	Project Work	Music	French	Project Work	Project Work
9:55-10:20	PE	Drama	PE	Drama	PE	Music (9:50-10:15)
10:20-11:30	Teachers Choice					
11:40-12:10	Lunch					
12:10-12:50	Brain Break					
1:00-2:00	Rest Time					
2:00-3:00	Snack					
	Exploration					
3:00-3:15	Closing Circle					
3:15	Dismissal					

* Teachers Choice will include Literacy, Math, and Science activities

3rd Grade Schedule Example

	A DAY	B DAY	C DAY	D DAY	E DAY	F DAY
8:00-8:15	Opening and Arrival					
8:15-8:45	Morning Meeting					
8:45-9:35	Math					
9:35-10:05	Brain Break					
10:05-10:35	Art	Science	Art	Science	Art	Science
10:35-11:00	Writing					
11:00-11:40	Lunch					
11:40-12:00	Mindfulness					
12:00-1:00	Literacy					
1:00-1:20	Brain Break					
1:20-1:50	Music	French	Music	French	Music	French
1:50-2:30	Social Studies					
2:30-3:00	Flex	PE	Flex	PE	Flex	PE
3:00-3:15	Closing Circle					
3:15	Dismissal					